



BEAYURVEDIC INSTITUTE

MICHIGAN LICENSED ONLINE SCHOOL OF AYURVEDA

AYURVEDIC HEALTH COUNSELOR PROGRAM
(ONLINE PROGRAM)

ACADEMIC COURSE CATALOG

JANUARY 2025 - JUNE 2026

Beayurvedic Institute - an online school of Ayurveda is licensed as a post-secondary school with the Michigan State of Higher Education. Credits earned at the Beayurvedic Institute may not transfer to all other institutions. More information can be found here by accessing <http://www.michigan.gov/pss>

Mailing address: 23023 Orchard Lake rd Bld G Farmington MI - 48336

www.beayurvedic.com Ph: 248-631-7271

Email: contact@beayurvedic.com

THE BEAYURVEDIC INSTITUTE CATALOG IS AVAILABLE
VIA THE BEAYURVEDIC WEBSITE

[www.beayurvedic.com /courses](http://www.beayurvedic.com/courses)

Revisions to the Academic Catalog

Beayurvedic Institute reserves the right to make any changes in the curriculum, procedures, policies, schedule, and tuition published in this edition of the Academic Catalog. All students, both those currently enrolled as well as those newly enrolled, will be subject to the curriculum requirements of the new catalog as well as any tuition increase. New laws and regulations are reflected in policies in the catalog revisions.

Last revised 04/04/2024.

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AYURVEDIC HEALTH COUNSELOR (AHC) - ONLINE COURSE

Total Program Hours: 604

Synchronous Contact Hours (Online): 411 (includes exam hours)

Asynchronous Non-Contact Hours: 187

Starts: January 2nd, 2025, Ends June 30th, 2026

Prerequisites Courses (Anatomy & Physiology): to be taken at the links provided in the Catalog. This course is not included in AHC teaching.



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1. About Beayurvedic Institute - An Online School of Ayurveda

Beayurvedic Institute was established by Beena Vesikar with the mission of disseminating the profound wisdom of Ayurveda to foster health, longevity, and self-awareness. Ayurveda, a holistic science, emphasizes health and its preservation through lifestyle and dietary practices. By learning and embracing this ancient tradition, communities can cultivate physical and emotional equilibrium, fostering a healthier collective well-being. Beena advocates for learning Ayurveda in a traditional manner, akin to her education in India, to ensure the preservation and authenticity of this ancient knowledge.

2. Introduction to Ayurveda

Ayurveda, a profound life philosophy, is rooted in the timeless wisdom of observing nature in all its forms. At its core lies the fundamental principle: "As is the human body, so is the cosmic body; as is the microcosm, so is the macrocosm." This ancient science delves into the spiritual aspect of consciousness, recognizing it as an inseparable part of life.

In essence, Ayurveda champions the pursuit of a joyful existence through the harmonization of physical and emotional health. It advocates for a disciplined lifestyle, tailored nutrition, and appropriate exercise based on individual body constitutions. By fostering natural well-being and preventing disease, Ayurveda empowers us to lead balanced lives.

In today's fast-paced world, imbalances often arise from unhealthy lifestyles and emotional instability. Through the study of Ayurveda, we gain insight into our inner physiology, allowing us to recognize subtle signs of imbalance and restore equilibrium at an earlier stage of disease.

This course offers an insightful exploration of Ayurvedic principles and their practical application in modern life. Join us on a journey of self-discovery as we learn to synchronize our beings with the rhythms of nature, fostering holistic well-being.

3. Professional Opportunities:

The AHC Program prepares the student for a career as an Ayurvedic Health Counselor. An Ayurvedic Health Counselor can provide diet and lifestyle health and wellness support by integrating body/mind constitutional assessment, nutritional knowledge, basic herbology, healthy lifestyle management, introductory counseling skills, and Ayurvedic bodywork therapies. AHC

graduates will have a strong understanding of all the foundational healthcare principles of Ayurveda, including history, philosophy, and its basic vocabulary.

Graduates of the AHC Certificate Program may practice independently as Ayurvedic Health Counselors under the provisions and conditions of the Michigan State, join the staffs of yoga studios or spas, become licensed as massage therapists and work in health resorts, and / or join complementary healthcare practices as Ayurvedic diet and lifestyle counselors.

The program requires a minimum of 50 client encounters which may include observations and supervised sessions in small groups. All students are fully engaged in all aspects of knowing the doshic imbalance and recommendations done accordingly.

Upon completion of the Ayurvedic Health Counselor Program, students will be able to:

- a) Identify the Client body constitution (Prakruti)
- b) Identify Client doshic imbalance (Vikruti)
- c) Independently conduct Ayurvedic Wellness Consultation and offer guidance on Ayurvedic diet and lifestyle, seasonal routines, and daily routines as per individual's body constitution.
- d) When a student is a medical doctor, he/she can incorporate these principles in his/her practice to give a more comprehensive approach to his/her patients for healing.
- e) When a student is a massage therapist, he/she can apply the Ayurvedic principles of Marma therapy and use the body constitution-based oil blends to benefit their clients most.
- f) When a student is a Yoga instructor, he/she can integrate this program with the teaching of Yoga.
- g) When a student is a Nutritionist, he/she can integrate this program with their Nutrition and diet recommendations to benefit their clients to balance the doshas.

4. Why Study at the Beayurvedic Institute?

- a) **Michigan Licensed School of Ayurveda.**
- b) Opportunity to learn Ayurveda Authentic way
- c) Opportunity to learn the Devanagari Script, Vocabulary & Shlokas.
- d) Online learning

- e) Small class size
- f) Individualized attention and mentoring
- g) Convenient timings
- h) Recorded Classes

5. Faculty Profile: Meet the Instructors



Beena Vesikar- Founder of Beayurvedic Wellness Center & Beayurvedic Institute

M.D. Ayurvedic Medicine - Internal Medicine (Kayachikitsa) - University of Pune, India

B.A.M.S- University of Pune, India

LMT- Licensed Massage Therapist- USA

AYT- Ayur Yoga Therapist- USA (NAMA Approved)

RYT- Registered Yoga Therapist - USA

Certified Nutrition Consultant - USA

NCBTMB - CE Provider

Beena's journey to the West indeed reflects a remarkable fusion of tradition and adaptation. Her decision to integrate Ayurvedic principles into the American lifestyle showcases both her adaptability and her commitment to holistic well-being. By recognizing the disparities between Indian and American cultures, Beena has embarked on a mission to bridge these gaps, offering a harmonious blend of ancient wisdom and contemporary needs.

With her extensive academic background and over two decades of clinical experience in Ayurvedic medicine, Beena brings a wealth of knowledge to her practice. Her mastery in Kayachikitsa, or Internal Medicine, underscores her ability to address a wide range of health concerns with precision and care. Moreover, her dedication to continuing education, evidenced by her studies in clinical nutrition, reflects a holistic approach to healing that extends beyond traditional Ayurvedic modalities.

She is a licensed massage therapist and provider of NCBTMB (National courses), Beena not only offers treatments but also empowers others to learn and integrate Ayurvedic practices into their lives.

Through her development of online classes and pioneering work in authentic panchakarma therapy in the Midwest, Beena is making Ayurveda accessible to a wider audience. By advocating for a gentle introduction to Ayurvedic principles rather than imposing drastic lifestyle changes, she fosters a more inclusive approach to holistic health.

In 2019, Beena embarked on a transformative journey with the founding of BeAyurvedic Institute. With a deep-rooted commitment to authenticity, Beena envisioned an institute that would serve as a custodian of Ayurvedic teachings, nurturing a new generation of practitioners and enthusiasts. Through comprehensive education, practical training, and immersive experiences, BeAyurvedic Institute empowers individuals to embrace the principles of Ayurveda and integrate them into their lives and practices.

Beena's journey exemplifies the transformative power of Ayurveda in adapting to diverse cultural landscapes while staying true to its core principles of balance and harmony.

6. AHC Learning format

Total Program Hours: 604

Synchronous Contact Hours (Online): 411

Asynchronous Non-Contact Hours: 187

Exam hours: 6 (Mid Term -2 hours, Final Exam hours -4 hours)

Additional 8-10 hours per week for completing course assignments (homework)

Cumulative Final Exam: 4 hours

Graduation Document: Certificate

Program length: 16 months:

6 months of Fundamentals of Ayurveda (synchronous online courses) +

8 Months of Additional Ayurveda Health Counselor Curriculum +

2 Months of Clinical Practicums, regular integration meetings, & clinical follow-ups

i) AHC Level-1: 6 months (Ayurveda Immersion course)

ii) AHC Level-2: 10 months

a) Classes meet every Tuesday & Thursday of the week from 6 pm to 9 pm

b) Asynchronous hours meet 1,2 and 3rd Saturday 7 am-10 am

c) Pre-recorded lectures

d) Assignments and Quizzes

e) Midterm and Final Exam

f) In addition to the above classes, Anatomy and Physiology college 4 credits are required for completion of the AHC program

7. AHC Prerequisites/ Co-requisite

a) Applicants are required to have a school diploma or higher education

and submit the transcript with the application.

b) Transcript showing completion of a minimum **4 credits of college-level**

Anatomy and Physiology with the date and grade mentioned.

Courses do not need to be taken at an accredited university; however, they must cover the terminology, structure, and function of the human body and include an overview of cells, nervous system, cardiovascular system, respiratory system, digestive system, renal system, endocrine system, musculoskeletal system, immune system, reproductive system, skin, and medical terminology. Anatomy and Physiology courses can be a pre-requisite or co-requisite, allowing students to take the anatomy requirement simultaneously or at a different time than the Ayurvedic Health Counselor training.

d) **Students must have access to a computer with a camera and microphone, an internet connection, and the ability to join video conferences.**

Online Anatomy and Physiology course links:

<https://www.keralaayurveda.us/courses/anatomy-and-physiology/>

https://www.corexcel.com/anatomy.physiology.online.htm?gad_source=1

8. Equal Opportunity Policy

The Beayurvedic Institute of Ayurveda shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression.

9. Beayurvedic Student Code of Conduct:

- a) Students are expected to be on time for each class.
- b) Students are expected to respect and follow the instructions given during the course.
- c) All the course material provided is to be used by the student only.

d) Students are expected to keep records of interaction with clients, including emails, or via phone shall be documented on time.

e) Timely breaks are given during class time for food and restroom use.

f) Students are discouraged to eat during the class time.

g) Students are supposed to keep their cameras **ON** during the class time and the microphone on **muted**, unless discussed with the instructor for any exception.

10. Transfer Student

Students who have partially completed their Ayurveda Health Counselor (AHC) certification at any other Ayurveda institute and wish to complete their remaining education at Beayurvedic Institute may be considered for admission to Beayurvedic Institute AHC program depending on the period to join and the syllabus they have completed.

Requirements: submit an online application and fee, meet the Anatomy and Physiology pre-requisite requirement, and complete a phone admissions interview. If they have begun their clinical internship at the previous school, they must provide proof of the number of completed encounters. AHC students are required to complete 50 practice client encounters.

Students who have not completed the AHC program at the Beayurvedic Institute will receive the transcript of the course hours of the syllabus they completed.

Beayurvedic Institute is Not a NAMA-recognized school.

11. AHC - Overview

Details	Format	Hours
Weekly Classes	Live Stream	411
Practicum hours	Live Stream	180 (includes 50 client encounters)

Research Assignments	Asynchronous	49
Course work and evaluation tools/Prerecorded lectures	Asynchronous	98
Student & Faculty Mentoring	Asynchronous	40

Summary

Format	Total Hours
Live Stream (Synchronous hours)	411
Asynchronous hours	187
Mid Term Exam	2 hours
Final Exam	4 Hours
Total Hours	604

PROGRAM TOTAL: 604 HOURS

12. AHC Curriculum:

AY 101- Fundamental concept of Ayurveda- The Philosophies

AY 102- Ayurvedic Anatomy & Physiology

AY 103- Nutrition and Learn to Cook Ayurvedic Way

AY 104- Svasthavrutta - Maintenance of Health with Diet and Lifestyle

AY 105- Ayurvedic Assessment and Constitutional Analysis

AY 106- Classics of Ayurveda, Medical Sanskrit & Ayurvedic Sutras

MIDTERM

AY 107- Ayurvedic Pathology (Nidan Shastra)

AY 108- Science of Herbs (Dravya Guna)

AY 109- Ashtanga Ayurveda (Women's Health, Toxicology, Rasayana, Aphrodisiac)

AY 110- Subtle Therapies & Vedic Psychology (Manas Shastra)

AY 111- Common ailments & Practicum with using Spices & Herbs

AY 112- Research Methods and Health Management Techniques

AY 113- Assessment and Complementary Knowledge

AY 114- Assessment and Complementary Knowledge

FINAL EXAM

CERTIFICATE OF COMPLETION WILL BE ISSUED AFTER PASSING THE FINAL EXAM AND SUBMITTING THE ANATOMY PHYSIOLOGY CREDITS

13. AHC Syllabus

Course Details:

AY 101 - Fundamental Concepts of Ayurveda - 30 hours

This module will offer an in-depth overview of the Origin and History of Ayurveda and the Shad Darshan with a specific focus on "Sankhya Philosophy" and its role in Ayurveda. Students will gain a basic understanding of:

- Sankhya Philosophy: School of Matter and Spirit Principles and its direct application to Ayurveda
- Vaisheshika Philosophy: School of Categorization
- Nyaya Philosophy: School of Logic

- Yoga Philosophy: School of Human Psychology
- Purva Mimamsa Philosophy: School of Rituals
- Vedanta Philosophy: School of Metaphysics

This module explores the 5000-year history that has contributed to the orderly development of the science of Ayurveda and updates the student with the status of Ayurveda globally especially its role in the healthcare industry in Western countries.

AY102 - Anatomy & Physiology - 40 hours

This module forms a deeper understanding of the body through the lens of Ayurveda. It focuses on embryological development, Sense organs, Marma points, Spaces, and Membranes in the human body. Detailed attention will be given to Dosha, Subdosha, Dhatu, Mala, Agni, Strotas, Prana Tejas and Ojas.

103 -Nutrition and Cooking - 30 hours

In this module, students will learn general concepts of Ayurvedic Nutrition in structuring a diet. Students will learn about the qualities and actions of various grains, legumes, spices, vegetables, and greens. Students will also gain knowledge of eating as per body type, the dos and don'ts of nutrition, and incompatible food combinations (*viruddha ahara*).

Applicability of shad-rasa (six tastes), psycho-somatic effects of shad-rasa, over-use and/or abnormal uses of Rasas and diet for balancing Vata, Pitta, and Kapha doshas.

Students will learn hands-on, practical approaches for making various meal preparations for health promotion and build up more confidence in creating balancing and healing recipes.

104 - Svasthavrutta- Maintenance of Health with Diet and Lifestyle - 30 hours

This module will discuss the basic concepts of Swastha Vritta (Ayurvedic Preventive Medicine) that emphasize health. The role of mind, sense organs, and emotions in the health of a person will also be discussed. Additionally, the students will obtain adequate knowledge to suggest proper daily diet and lifestyle based on the individual's body type and seasons to promote health and prevent disease (Dinacharya, Ritucharya, and

Ratricharya). The concept of Urges that should be and should not be controlled will be introduced in this module (Vega dharana)

105 - Ayurvedic Assessment & Constitutional Analysis - 30 hours

The Ayurveda concept of Prakruti (Body type) is taught in this section. Every person has a different body makeup up and the health depends on everyone's approach towards maintaining this doshic balance. Knowing the Prakruti and assessment of imbalances is the focus of this module.

106 - Classics of Ayurveda, Medical Sanskrit Ayurvedic Sutras- 26 hours

This module will bring students into the basics of Sanskrit script and Ayurvedic terminology to learn Ayurvedic Medicine, its Philosophy, and concepts and is taught over 6 months. A specific emphasis is given on pronunciation and Chanting Ayurvedic Verses from the original classical texts - Ashtang Hridaya and Charaka Samhita.

AHC - Level 2

107 - Ayurvedic Pathology (Nidana Shastra) - 35 hours

Ayurveda addresses the root cause of imbalance over just eliminating symptoms. Every imbalance has a story of where it began how it travels and finally how it expresses. Using the eightfold clinical evaluation and a clinical narrative to uncover the root of an imbalance allows the opportunity to help a client achieve vitality.

108 - Science of Herbs (Dravya Guna) - 30 hours

In this section, students will learn the classification of herbs, Rasa Veerya Vipaka & Prabhava. They will also learn in detail some common herbs with their therapeutic uses and benefits.

109 - Ashtanga Ayurveda (Integrative and complementary knowledge) - 30 hours

This module focuses on eight main branches of Ayurveda and its scope in today's practice as well as a brief overview of Modern Medicine's point of view on the same. Students will also learn the guidelines of when it is best to refer a client to a health specialist.

110 - Subtle therapies & Vedic Psychology (Manas Shastra) - 40 hours

Tanmatra Chikitsa (Subtle therapies) includes

- Shabda (Sound): Mantra Therapy, Music Therapy, Counselling
- Sparsha (Touch): Marma therapy, Mudras
- Rupa (Visual): Color Therapy
- Rasa (Taste): Food & Nutrition
- Gandha (Smell): Aroma therapy & Pranayama
- This section also dives deeper into the understanding of mental well-being through an Ayurvedic lens.

111- Common ailments & Practicum with using Spices & Herbs - 20 hours

This module focuses on common ailments and the use of spices and herbs to balance them.

Ayurveda focuses on prevention first, hence the use of spices and routine dietary and lifestyle changes helps a person to maintain the balance and enjoy life to the fullest. Students will learn how to prepare spice combinations and herbal teas.

112 - Research Methods and Health Management Techniques - 20 hours

This course offers the opportunity to explore the interface between Ayurveda and Allopathic medicine, helps students to understand healthy client-practitioner relationships and boundaries, and clarifies the scope of practice and the code of ethics for all AHC. The knowledge of red flag symptoms that require a referral and how a Western medical practitioner can complement the care being provided by the Ayurvedic Health Counselor.

Students get introduced to counseling practices as they perform client interactions and goal setting. Students explore the business skills involved in setting up and sustaining a professional practice.

113-114- Assessment and Complimentary knowledge - 1 & 2 - 50 hours

This module is a practicum for assessing the client's constitution and suggesting lifestyle techniques to balance the doshas. Students will learn how to recommend seasonal and daily food suggestions and lifestyle changes as per the Ayurvedic perspective

14. AHC Clinical Experience requirements:

Client Encounter requirements:

Ayurvedic Health Counselors are required to have 50 client encounters to fulfill the requirements to complete the course.

***Note:** an encounter does not mean a new client. A student can meet one client multiple times for appointments and follow-ups.

For example, a student can meet six clients. For each client, they can schedule four appointments (1 initial + 3 follow-ups) and then 1 appointment with their mentor posing as a client. This would fulfill the 25 one-on-one encounters requirement.

Beayurvedic is responsible for providing the students with reasonable opportunities to participate in observational or directly supervised student/client encounters. The student is responsible for finding their clients to fulfill the 25 one-on-one encounters. For each client, a student must log and submit reports to their mentors.

15. AHC Program Details & Calendar

Total Course: 18 months (16 months of Classes + 2 months July and August of Asynchronous Studying)

No classes: July & August 2025 (Asynchronous hours completion time)

Course Starts: January 2nd, 2025

Course Ends: June 25th, 2026

Final Exam: June 30th, 2026

Student Orientation

1. September 12th Thursday - 6- 8 pm

2. November 21st Thursday - 6-8 pm

Registrations Begins: July 1st, 2024

Registration Ends: December 1st, 2024

January 2025						Total hours
Tuesday	7	14	21	28		27
Thursday	2	9	16	23	30	
Saturday(A)	4	11	18			9
February						
Tuesday	4	11	18	25		27
Thursday	6	13	20	27		
Saturday				22		
Saturday(A)	1	8	15			9
March						

Tuesday	4	11	18	25		24
Thursday	6	13	20	27		
Saturday(A)	1	8	15			9
April						
Tuesday	1	8	15	22	29	27
Thursday	3	10	17	24		
Saturday(A)	5	12	19			9
May						
Tuesday	6	13	20	27		27
Thursday	1	8	15	22	29	
Saturday(A)	3	10	17			9
June						
Tuesday	3	10	17	24		24
Thursday	5	12	19	26		
Saturday(A)	7	14	21			9
						156 (Synchronous)
						54 (Asynchronous)

July	Tuesdays & Thursdays	NO CLASSES				16(A)
August	Tuesdays & Thursdays	NO CLASSES				16(A) + research hours
September	1 Mid Term					2
Tuesday	2	9	16	23	30	27
Thursday	4	11	18	25		
Saturday(A)	6	13	20			9
October						
Tuesday	7	14	21	28		27
Thursday	2	9	16	23	29 (Wed)	
Saturday (A)	4	11	18			9
November						
Tuesday	4	11	18	25		24
Thursday	6	13	20	24 (Mon)		
Saturday(A)	1	8	15			9

December						
Tuesday	2	9	16			20
Thursday	4	11	18			
Saturday	13 (2 hours)					
Saturday(A)	6	20				6
January 2026						
Tuesday	6	13	20	27		27
Thursday	1	8	15	22	29	
Saturday(A)	3	10	17			9
February						
Tuesday	3	10	17	24		24
Thursday	5	12	19	26		
Saturday(A)	7	21	28			9
March						
Tuesday	3	10	17	24		24

Thursday	5	12	19	26		
Saturday(A)	7	21	28			9
April						
Tuesday	7	14	21	28		27
Thursday	2	9	16	23	30	
S(A)	4	18	25			9
May						
Tuesday	5	12	19	26		28 INTERNSHIPS
Thursday	7	14	21	28		
Saturday (A)	2	23	30			9
June						
Tuesday	2	9	16	23	30	28 INTERNSHIP and FINAL EXAM ON 30 th
Thursday	4	11	18	25		
Saturday(A)	6	20	27			9
						267 (Sync hours)

411 Synch = 411 (180 practical hours + 231 Theory hours)

187 Asynchronous hours (this includes research hours)

2 hours Mid Term Exam and 4 hours Final Exam

Total Hours = 604

FINAL EXAM: 6/30/2026

16. Attendance and Tardiness Policy

- Students are responsible for 90 % of the hours of instruction and are expected to be present for all classes
- In case of illness or unavoidable circumstances/ travel plans, the student must inform the instructor, and make plans to obtain recorded classes so that the student will have the opportunity to listen and learn the content from the class.
- Students may miss no more than 10% of any class. Missed material is the responsibility of the student.
- Private tutoring is available by the instructor to any student who asks for additional support to complete the class. **The cost is \$60 for an hour.**
- In case of not completing the class, the graduation and certification will be postponed until the student completes the missed and incomplete material.
- Students will be eligible for the final exam after completing all assignments and quizzes.

17. Beayurvedic Academic & Grading Policies:

Grades are applied only for midterm and Final Exam

Numerical Score: 90-100% = A

Numerical score 80-90% = B

Numerical Score 70-80% = C

Numerical Score: 60-70%= D (Passing)

Numerical Score: below 60% are failing grades.

18. Assignment and Homework/ Quizzes Policy & Exams

- All Homework assignments must be completed and submitted on time.
- Homework that is incomplete or incorrect is expected to be completed and corrected to receive a passing grade
- Students are expected to study 25-30 hours every month
- Quizzes will take place every month during the first class. The Quiz will be from the previous topic learned in the month. An additional homework assignment will be given every month and should be returned within a month.
- Midterm and Final Exam: Students should take the Midterm and Final exam to receive the certificate.

19. Final Exam Policy

Students will take the Final Exam on the date noted in the Syllabus. Students must obtain a 70% passing score on the Final Exam to receive certification from Beayurvedic. If a student is unable to make the Final Exam, the student must inform the primary instructor 2 months in advance of the final exam, so that the primary instructor can decide to administer the final exam at a different time. In case of an emergency, the student needs to inform the primary instructor as soon as possible. A retake of an exam may be available, if necessary.

20. Certification of Completion Policy

For the student to receive the Certificate of Completion and Transcript:

All homework assignments must be completed and turned in.

All required exams passed,

All Classes attended

All Client encounters completed.

21. Student Complaint Procedure

Beayurvedic Institute encourages students to discuss their concerns and complaints through informal conferences with the instructor or staff member.

Concerns should be expressed as soon as possible to allow early resolution. If an informal conference regarding a complaint fails to reach an outcome satisfactory to the student, the student may initiate the formal process by filing a written complaint form. A student whose concerns are resolved may withdraw a formal complaint at any time. Beayurvedic will take the necessary steps to address a formal complaint.

22. Beayurvedic Tuition & Fees

Application Fee (only for AHC Students): \$150 (Non-refundable)

- Fundamentals of Ayurveda course (AHC- Part-1) - \$3300
- Ayurvedic Health Counselor training (AHC- Part-2) - \$5300 (\$300 Technical Fee, non-refundable)
- Total cost of AHC program - \$8600 + \$150 Application fee = \$8750
- Includes the cost of the internship

23.Registration & Payment Policies & Plans

Total Cost: 8750

Application Fee: \$150 (non-refundable) only for AHC Course.

AHC Level 1- Fundamentals of Ayurveda Payment Plan - Course Tuition & Fee - \$3300

AHC Level- 2 - Course Tuition & Fee- \$5300 (\$300 applied as Technical Payment- non-refundable)

Payment can be made in full or monthly installments.

Payments are accepted by checks, cards, or Zelle

For Card payment, an additional 3% processing fee is applied.

Installment plan for Fundamentals of Ayurveda (AHC Level 1)

Monthly - for 6 months - \$550

For AHC Level 2

\$300 technical fee and Application fee of \$150 to be paid in Full (non-refundable)

Monthly installments of \$500 for 10 months.

24. Late Fee Policy and Collection Procedure

If a student fails to pay on the given deadline according to the tuition plan (the first day of the month), then the student will be fined \$50 per billing cycle after the deadline. Past-due accounts may be subject to additional charges, including collection fees and collection agency commissions.

25. Refund and Cancellation policy

If your application is rejected, you will receive a full refund of the Application fee.

You will be entitled to a full refund of tuition, fees, and other charges if you give notice that you are canceling your contract within five business days after the contract or enrollment agreement is considered effective.

A written notice is required to withdraw from the course

Application fees & Technical Payments are non-refundable.

If the student would like to drop out from the course after the course has started:

- a) We recommend the student to complete the month.

b) If the student has paid for the course in advance - the fee will be applicable for the month they receive the tuition.

c) Once the student decides to drop out of the course, there will be no readmission for the same academic year. To complete the course, the student will have to wait until the next course starts.

26. Additional Requirements and Expenses:

Textbooks: Textbook of Ayurveda - Dr Vasant Lad- Volume 2

Ayurvedic Medicine- Sebastian Pole

Yogavataranam - Zoe Slatoff-Pointe'

27. Financial Aid

The Beayurvedic Institute of Ayurveda does not offer state or federal financial aid, tuition scholarships, or educational loans.

28. Probation, Withdrawal & Leave of Absence Policy

A student will be put on probation if he or she fails two consecutive assignments or quizzes and does not make them up within 30 days of receiving notice. If the student fails to do so, the student may be dismissed.

If a student becomes ill, or other serious circumstances occur that prevent the student from continuing in the program as originally intended, the student may withdraw from the program, or apply for a leave of absence.

To complete either of these alternatives, the student must obtain an Application for Withdrawal or Leave of Absence from the Instructor and return it to the instructor.

The Leave of Absence or Application of Withdrawal will begin once Beayurvedic Institute has been notified via the appropriate application form.

The length of time a student may take a leave of absence is **twelve (12) months**. When the student is ready to return, the student must obtain permission from the Beayurvedic Institute. The student may resume attending classes, when, space is available in the next class at the level where the leave began. The student must be in good academic and financial standing with the Institute. The student doesn't need to retake any classes if the course of study is resumed within twelve months from the beginning of the leave of absence.

29. National, State, and Professional Standards

No Professional licenses are currently available in the field of Ayurveda & Yoga in any of the fifty States of the USA or the ten Canadian provinces. Consequently, there are currently no national, state, or provincial standards for this curriculum. At present, several professional organizations, including the National Ayurvedic Medical Association (NAMA), the Association of Ayurvedic Professionals in North America (AAPNA), and the Council on Ayurvedic Credentialing (CEC), have updated their approval standards for Ayurvedic training programs and certification of Ayurvedic practitioners and consultants.

Please visit the NAMA or AAPNA websites for more details on Practicing Ayurveda in the USA.

30. Beayurvedic Application Process

Step 1: Complete the application form and submit it via email to
cotntact@beayurvedic.com

Applications are processed as soon as possible after submission. If a submitted application is not complete it will be returned until complete.

Applicants will be contacted by email regarding the Admission Interview which is conducted by phone. Within two weeks after the interview, the applicant will be notified by email of his/her admission status via an email and Admissions Letter.

Step 2:

Accepted students are required to submit the signed Contract Enrollment Agreement and make a down payment or tuition payment according to their choice of tuition payment options within two weeks of receiving the Admission Letter. The down payment (or first tuition payment) reserves the student's place in the class.

The Beayurvedic Institute of Ayurveda reserves the right to deny admission to any applicant who does not meet the requirements for admission to the school, or who is believed to be unable to comply with the code of conduct and/or academic policies of the school.

The admission form is available to download on Beayurvedic.com

Applicants: complete the Application for Admission online. A \$150 application fee is due with the submission of the application.

Thank you for your interest in Exploring the world of Ayurveda at

BeAyurvedic Institute.

Visit: beayurvedic.com

Call: 248-631-7271



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